



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<p>Happy New Year</p> <p>Welcome Back to School</p>	<p>Treat Yourself Right</p> <p>Don't forget to Exercise</p>		<p><b>1</b> New Year's Day</p> <p>No School</p>	<p><b>Fruit of the Month:</b> Apples, Oranges</p> <p>Offered Daily: Fresh apples &amp; oranges &amp; Bread basket.</p> <p>In addition to the daily menu items we also serve daily:</p> <p>Hamburgers Cheeseburgers Chicken Patty Sandwich Pizza Deli Sandwiches Salads Milk A la carte: \$.35 Student Lunch: \$2.50 Adult Lunch: \$2.80</p>
<p><b>4</b> Chicken Parmesan Sandwich Baked Beans Sliced Apples Milk <b>No Pre-Made Salads</b></p>	<p><b>5</b> Hot Italian Grinder Carrots Pineapple Chunks Milk <b>No Pre-Made Salads</b></p>	<p><b>6</b> Soft Shell Tacos Lettuce, Tomatoes Cheese and Salsa Green Beans Peaches Milk</p>	<p><b>7</b> Soft Pretzel With Cheese Sauce Fresh Broccoli With Ranch Dressing Applesauce Milk</p>	<p><b>8</b> Meatball Sub Oven Fries Pears Milk</p>	
<p><b>11</b> Toasted Cheese Sandwich Tomato Soup Green Beans Sliced Apples Milk</p>	<p><b>12</b> Pasta with Meat and Cheese Sauce French Bread Carrots Mixed Fruit Milk</p>	<p><b>13</b> BBQ Pork Sandwich Corn Pears Milk</p>	<p><b>14</b> Chili-Cheese Fries Peas Applesauce Milk</p>	<p><b>15</b> Sliced Turkey With Cheese Wrap Corn Mandarin Oranges Milk</p>	
<p><b>18</b> M. L. King's Birthday</p> <p>No School</p>	<p><b>19</b> Sloppy Joe on a Bun Corn Mixed Fruit Milk</p>	<p><b>20</b> Beef Ravioli with Meat Sauce French Bread Peas and Carrots Applesauce Milk</p>	<p><b>21</b> Nachos with Beef And Cheese Sauce Baked Beans Mandarin Oranges Milk</p>	<p><b>22</b> Chicken Parmesan Sandwich Fresh Baby Carrots w/Ranch Dressing Pears Milk</p>	
<p><b>25</b> Chicken Nuggets BBQ Sauce Green Beans Mixed Fruit Milk</p>	<p><b>26</b> Hot Dog on a Bun With Chili and Cheese Oven Potatoes Applesauce Milk</p>	<p><b>27</b> Pasta with Meat Sauce French Bread Green Beans Pineapple Chunks Milk</p>	<p><b>28</b> Baked Breaded Chicken Corn Applesauce Milk</p>	<p><b>30</b> Baked Corn Dog Peas Mandarin Oranges Milk</p>	

## Center Cass Lakeview Junior High School



**Treat Yourself Right**  
A healthier you means treating yourself right.  
Eating the right foods and being active are the first steps.

Menus are subject to change without notice.

