



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
				<p>Treat Yourself Right</p> <p>Don't forget to Exercise</p>		<p>February Is Black History Month</p>		<p>Say Hi to your favorite Valentine on the 14th.</p>		<p>Fruit of the Month: Apples, Oranges</p> <p>Offered Daily: Fresh apples & oranges & Bread basket.</p> <p>In addition to the daily menu items we also serve daily:</p> <ul style="list-style-type: none"> Hamburgers Cheeseburgers Chicken Patty Sandwich Home Made Pizza Deli Sandwiches Salads Milk A la carte: \$.35 Student Lunch: \$2.50 Adult Lunch: \$2.80
<p>1</p> <p>Soft Shell Tacos Lettuce, Tomatoes Cheese and Salsa Green Beans Peaches Milk</p>	<p>2</p> <p>Institute Day</p> <p>No School</p>	<p>3</p> <p>Baked Corn Dog Peas Mandarin Oranges Milk</p>	<p>4</p> <p>Soft Pretzel With Cheese Sauce Fresh Broccoli With Ranch Dressing Applesauce Milk</p>	<p>5</p> <p>Meatball Sub Oven Fries Pears Milk</p>						
<p>8</p> <p>Toasted Cheese Sandwich Tomato Soup Corn Pineapple Chunks Milk</p>	<p>9</p> <p>Sliced Turkey and Cheese Wrap Carrots Peaches Milk</p>	<p>10</p> <p>Breadsticks with Meat Sauce Corn Sliced Apples Milk</p>	<p>11</p> <p>Baked Breaded Chicken Mashed Potatoes W/Gravy Green Beans Applesauce Milk</p>	<p>12</p> <p>Hot Italian Grinder Peas Pears Milk</p>						
<p>15</p> <p>President's Day</p> <p>No School</p>	<p>16</p> <p>Nachos with Beef And Cheese Sauce Baked Beans Applesauce Milk</p>	<p>17</p> <p>Pasta with Meat Sauce French Bread Green Beans Mixed Fruit Milk</p>	<p>18</p> <p>Chicken Nuggets With BBQ Sauce Carrots Pineapple Chunks Milk</p>	<p>19</p> <p>Chili-Cheese Fries Fresh Baby Carrots w/Ranch Dressing Applesauce Milk</p>						
<p>22</p> <p>Chicken Parmesan Sandwich Baked Beans Sliced Apples Milk</p>	<p>23</p> <p>Beef Ravioli with Meat Sauce French Bread Corn Mixed Fruit Milk</p>	<p>24</p> <p>Sloppy Joe on a Bun Peas Peaches Milk</p>	<p>25</p> <p>Baked Breaded Chicken Corn Mixed Fruit Milk</p>	<p>26</p> <p>Baked Corn Dog Peas Applesauce Milk</p>						

Center Cass Lakeview Junior High School



Treat Yourself Right
 A healthier you means treating yourself right.
 Eating the right foods and being active are the first steps.

Menus are subject to change without notice.

